Nappy Changing Procedure

Before starting, gather all necessary items: a clean nappy, baby wipes or a damp washcloth, nappy cream if needed, nappy liners. Keep a spare antibac wipe handy in case of unexpected incidents. Ensure the child is always supervised, especially on elevated surfaces, to prevent falls

- Wash your hands
- Wipe changing unit clean
- Wear gloves/ apron (Optional)
- Communicate with child regarding their nappy change, “shall we change your nappy?”
- Child to be encouraged to climb onto changing table.
- Remove any child’s clothing, then remove nappy, place nappy into a nappy sack.
- Clean child’s private areas and ensure cleanliness – use baby wipes unless stated to use different.
- Apply new nappy (from child’s named box)
- Apply child’s creams if needed and if given permission by parents/guardians
- Ensure child is suitably dressed
- Encourage child to climb back down from the changing table.
- Wipe down changing unit using antibacterial spray.